

PREPARING FOR YOUR PUPPY





HELLO!

This packet has been created just for you! I feel incredibly honored that you chose me as the breeder who gets to care for the puppy you'll be adding to your family. Breeding responsibly is truly my passion, and I don't take the decision you've made lightly.

Understanding genetics to create mindful pairings, managing the delicate process of canine pregnancy, and enduring the long, sleepless nights of whelping were only the beginning! As I do all I can to give your puppy the best start, I ask you to come alongside me and prepare for the responsibility of taking the reins when your puppy is ready to leave my arms and snuggle into yours.

This packet is a tool to help ease the overwhelm that families can feel leading up to bringing their puppy home. It covers many topics, including nutrition, confinement training, socialization, vaccination, grooming, and more!

So grab a cup of tea or coffee and begin learning some of the things you need to know before your Oregon Bordoodle puppy comes home!



With all my love,

DANIELLE MANITZ
CHIEF PUPPY SNUGLER



CHECKLIST: ESSENTIALS

This list serves as a brief overview of tasks to complete before your puppy arrives. Further details on these items are included in the rest of this packet. For more explanation on why we recommended the listed items, please refer to the corresponding page numbers.

FOOD/TREATS: Please begin with what we've been using to avoid upset tummies!

- ☐ **Puppy food** (pg. 16)
Dry Food: [PawTree Real Chicken & Oatmeal](#)
- ☐ **Treats** (pg. 21)
Puppy treats: [PawTree](#)

SUPPLEMENTS:

- ☐ **Vitamin supplements** (pg. 18)
Recommendations: [NuVet Vitamins](#) (code: 85465), [MaxiVet Probiotics](#)

GROOMING:

- ☐ **Find a groomer** (pg. 31)
- ☐ **Grooming Tools with Pupwell** (pg. 33)
Recommendation: [Pupwell Grooming Tools](#) ([Ultimate Dog Grooming Kit](#) is what I recommend, however you can also buy the [Pup Parent Essentials Kit](#) and/or the [Iconic Nail Duo Kit](#). These are available in the "Signature Grooming Kits" tab.)

MEDICAL NEEDS:

- ☐ **Schedule puppy's first vet visit** (pg. 39)
- ☐ **Sign up for pet insurance** (pg. 37)
Recommendation: [Trupanion](#)

CONFINEMENT:

- ☐ **Crate** (pg. 24)
- ☐ **Crate bed** (pg. 27)
Recommendations: [Wash 'n Zip Pet Bed](#)
- ☐ **X-Pen** (pg. 26)
Recommendations: [\(for medium/standard-sized Bordoodles\)](#), [\(for miniature/medium Bordoodles\)](#), or the [Clearly Loved Pets X-Pen](#)
- ☐ **Water hanging dish** (pg. 27)
Recommendations: [Hanging Bowls for X-Pens](#)

ELIMINATION AREA:

- ☐ **Potty pads** (pg. 29)
Recommendations: [Glad for Pets Training Pads](#)
- ☐ **Tray system** (pg. 29)
Recommendations: [Little Wolves Grate System](#)



CHECKLIST: SUPPLEMENTAL

This is a checklist of items we consider optional or are not as brand specific. Further details on these items are included in the rest of this packet. For more explanation on why we recommended the listed items, please refer to the corresponding page numbers.

FOOD/WATER DISHES:

- ☐ **Bowls for food and water** (pg. 54)
Recommendations: [Non-skid Ceramic Bowls](#) or [Slopper Stopper Water Bowl](#)

TREATS/CHEWS:

- ☐ **Treats** (pg. 21)
Recommendations: [Zukes Mini Naturals](#), or [Merrick](#)
- ☐ **Chews** (pg. 21)
Recommendations: [RedBarn](#) or [BeneBone](#)

FOOD (FOR ROTATION):

- ☐ **Puppy food (dry or raw food)** (pg. 16)
Dry Food Recommendations: [PawTree Foods](#) or [Life's Abundance](#)
Raw Food Recommendations: [PawTree](#) (specifically, PawTree Dehydrated Raw Food) and [Northwest Naturals](#) (specially, Northwest Naturals Raw Dog Food)

OUT AND ABOUT:

- ☐ **Puppy Play Yard** (pg. 12) (*optional*)
Recommendation: [Pop up play yard](#)
- ☐ **Transportation kennel**
Recommendations: [Ruffland](#), [Impact Dog Crates](#), [Gunner Kennel](#), [Inflatable Travel Kennel](#)
- ☐ **Car harness**
Recommendation: [EzyDog Harness](#)
- ☐ **Leash**
- ☐ **Treat pouch**
- ☐ **Travel dish**

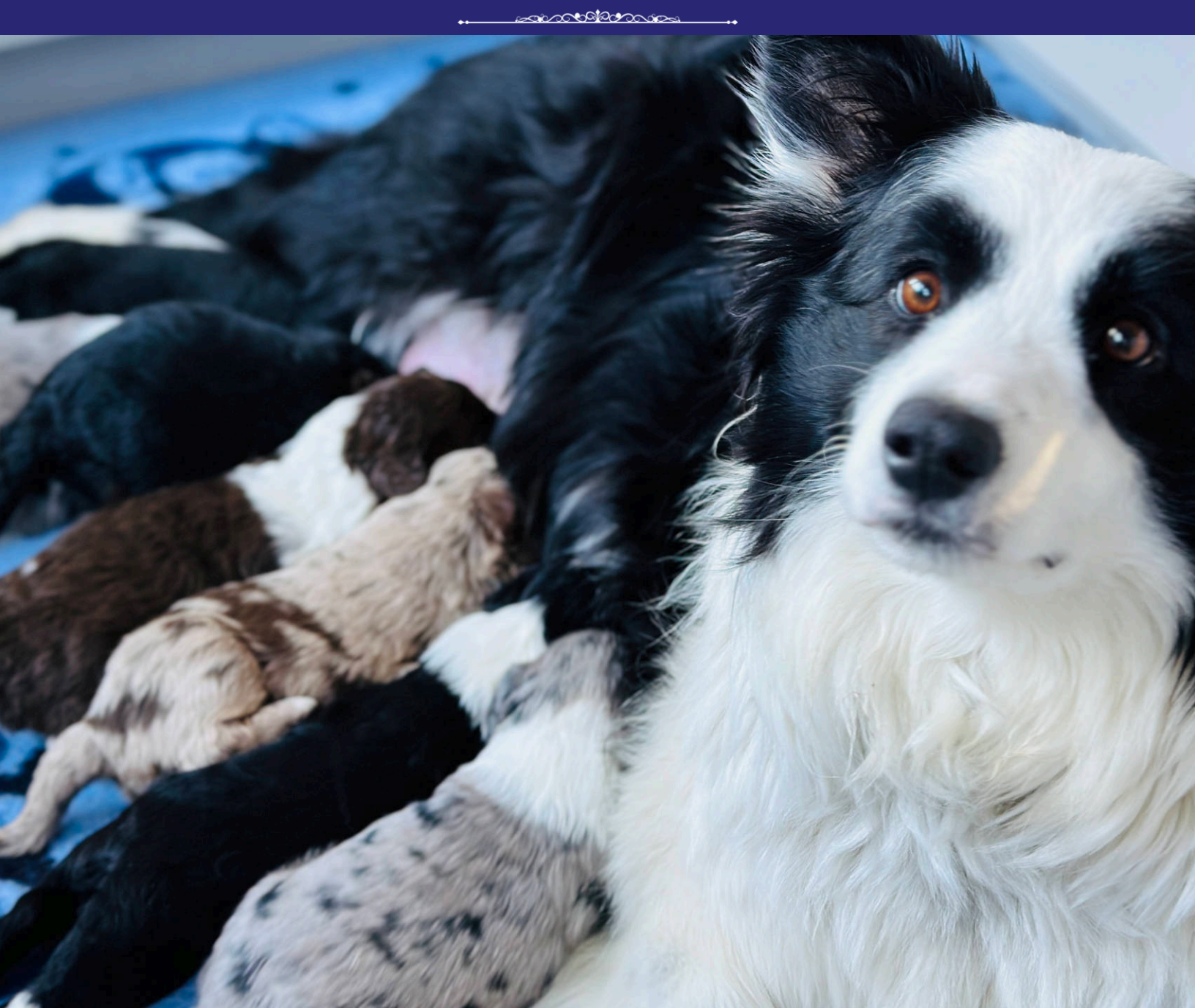
ENRICHMENT:

- ☐ **Enrichment Items / Toys** (pg. 54)
Recommendations: [Wobble Disk and Dome](#), [OceanBlue Puppy Jungles](#), [Adjustable Snuffle Foraging Mat](#), [Slow Feeder Puzzle](#)

REMEMBER, WE SEND YOU HOME WITH...

- Snuggle Puppy
- Blanket that smells like mom
- 2-3 toys
- Custom Cinch Bag
- Custom collar
- Food sample
- Treat sample
- NuVet sample
- Shampoo sample





GOTCHA DAY!

(PUPPY PICK-UP)



BEFORE YOUR PUPPY ARRIVES

So, you've officially signed up for a specific litter! Perhaps the Mama is currently pregnant, or perhaps your puppy is already born! While you wait for the time to pass until you finally meet your sweet little one, there are things to do:

1. Puppy-proof the areas where your puppy will be! This may include hiding cords, moving shoes, removing toxic plants, gating off areas, etc.
2. Have a family meeting to discuss everybody's expectations. Talk about the importance of training as a family and the necessary boundaries.
3. Start discussing names! Make it fun! Agree on a name beforehand or narrow it down to a few choices once you meet your puppy. Scientifically, dogs respond best to two-syllable names. Try to avoid names that sound like yours or your neighbor's dog's name and names that closely rhyme with commands ("Faye" - Stay.)
4. Decide where to place the X-pen, the crate, and consider additional dog bed(s).
5. Look at the calendar. Are there any major events happening within the first few weeks of your puppy coming home? If you have a birthday party or Super Bowl party scheduled, consider moving it to a different location or ensure you have a quiet, calm space for your puppy during that time. Any vacations planned within the first 6 months? Make a plan for who will babysit your puppy while you're away.



THE FIRST WEEK HOME

What a special week! What should be a time filled with smiles, laughs, and snuggles can easily be overshadowed by pressure to get everything right.

Let me encourage you, friend! Take a deep breath. It's going to be okay!

Training is important, yes. Routine is important, absolutely! Socialization, indeed!

BUT not right now. Especially for the first 3 days your puppy is home, I want you to just enjoy him or her. It takes at least 72 hours for your puppy's cortisol levels to return to normal after the stress of leaving us and coming to you. This is the time to keep a calm, simple home. No big gatherings or extra guests. No socialization classes or walks around the neighborhood. Just snuggles, floor play, bonding, praising, treats, and getting to know one another.

About three days after your puppy comes home, I recommend starting official crate training at night and establishing a gentle routine. After a full 7 days, you can begin small outings and introducing dog-savvy guests. After 2 - 3 weeks, you can start your puppy classes and more in-depth training.

THE FIRST WEEK HOME (cont.)

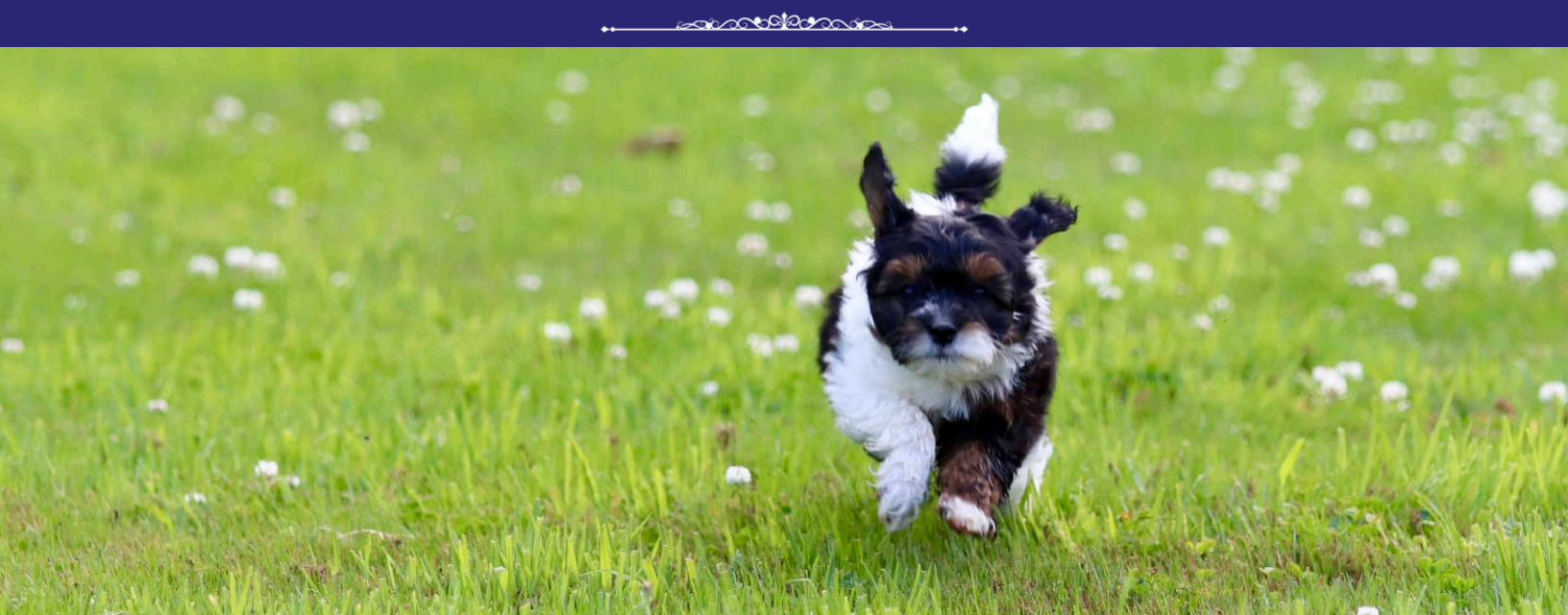
NORMAL BEHAVIORS FROM A NEW PUPPY

Here are some normal behaviors your puppy may exhibit while adjusting and shaking off stress:

- Light trembling
- Light panting
- Full-body shake as they would after swimming
- Extra naps and periods of deep sleep
- Whining
- Looking under/behind things
- Frequent urination
- Slightly loose stools

THE MAGIC PUMPKIN!

Loose stools? Feed your puppy 1/4 - 1/2 can of plain, canned pumpkin one to two times daily. For extra support, sprinkle some Slippery Elm powder on the pumpkin! Don't forget the MaxiVet probiotic every day as well. If your puppy doesn't want to eat the pumpkin (rare), mix in some organic vanilla yogurt (ensure it doesn't use xylitol as a sweetener).



PICK UP LOGISTICS

The day you meet your puppy is incredibly important! We reside in Tillamook, Oregon, and there are a few options for how you can pick up your puppy.

1. In-Person Pickup

You can drive to our home and meet us here at our house to pick up your puppy! Our address is:

**10100 Gould Ave
Tillamook, OR 97141**

We recommend that you have an older passenger (12+ years old) with you to hold the puppy on their lap for the trip home. Please bring a few extra towels in case your puppy gets carsick. Plan to stop every 1.5-2 hours for a potty break. These breaks need to be in safe locations, away from busy roads and in non-dog-populated areas. Do not use 'pet elimination areas.' We will send you home with a collar and some food to get you through the trip. We recommend offering 7-12 kibbles at every potty break and providing water. Bringing a bully stick for your puppy to chew on is also recommended. Remember to use a simple and thin leash. If you need a hotel stay on the way home, expect to have your puppy sleep in bed with you and set up a potty grate (addressed later) in the room. This way, you aren't exposing your puppy to the grass yards that many traveling pets also use.

PICK UP LOGISTICS (continued)



2. Fly into PDX (Portland Oregon Airport)

You can fly into our local airport and then rent a car to drive to our home in Tillamook. Alternatively, you can fly into our local airport and have your puppy brought to you at the airport for \$250. In either case, please send us a travel carrier ahead of time so we can get your puppy accustomed to being in it prior to the flight. Flying with a puppy is easy! You will avoid the 'Pet Elimination area' and instead just use the bathrooms and a potty pad. Please make sure your chosen airline allows puppies as 'Carry On' at 8 weeks of age, and double-check their carry-on pet carrier dimension regulations.



3. Hire a Flight Nanny to Get Your Puppy

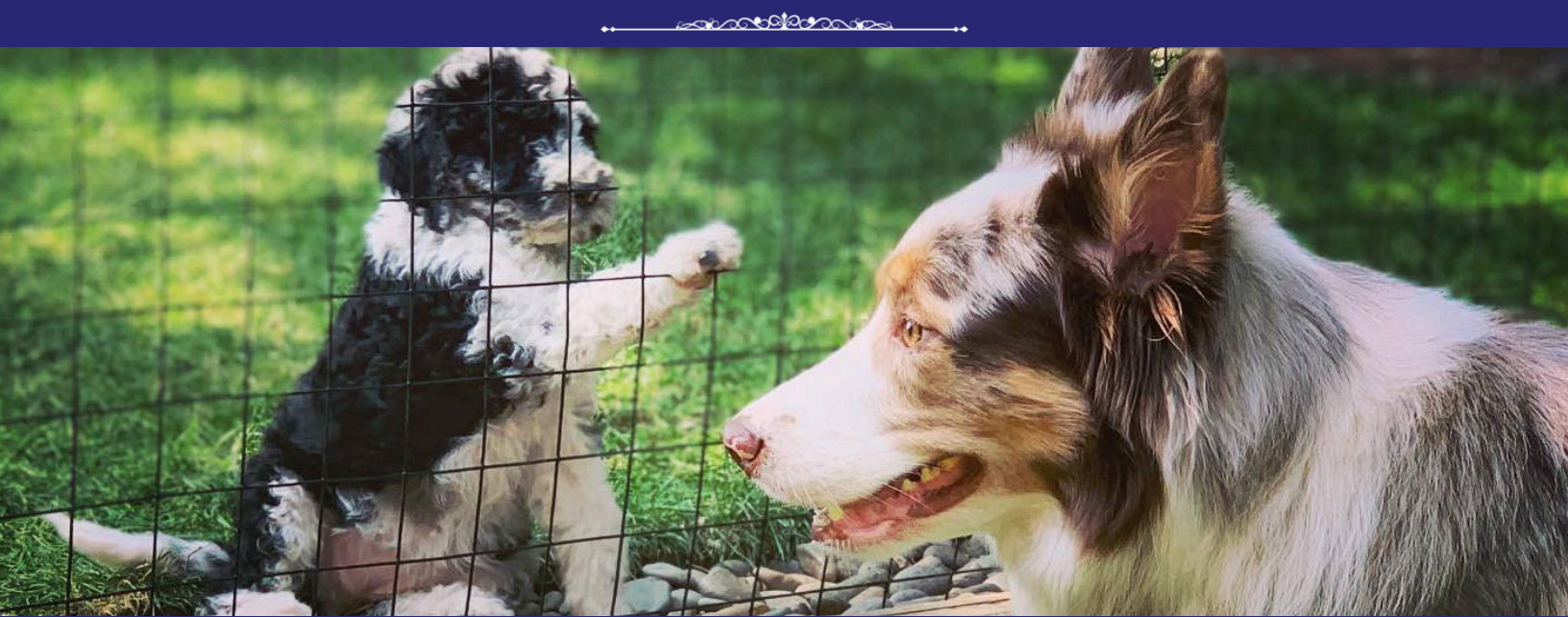
Zach and his team is our chosen Nanny Service provider! They are kind, efficient and LOVE our puppies! Text or call him.

Zach: [\(310\) 770-1456](tel:3107701456)

**There is an additional \$250 fee to transport your puppy from Tillamook to Portland airport to meet the nanny unless you make arrangements with the nanny to pick up straight from our home.*



SOCIALIZATION



SOCIALIZATION

It's time to talk about something that I am very passionate about: Socialization early in your puppy's life! It was once believed that a puppy should stay home, in the protection of their very own yard, until all of the vaccinations are done. That is not until about 16 to 18 weeks of age! Science has proven that the risk of your puppy developing lifelong anxiety and fear of the outside world far exceeds the risk of your puppy picking up an untreatable or fatal disease when carefully socialized and exposed.

After your puppy has been home with you for 2-3 weeks and is showing that he/she is comfortable and relaxed in your environment, it's time to start socializing!

SOCIALIZATION IDEAS

There are many ways to safely protect and socialize your puppy! Here are a FEW (but certainly not all):

- Use a **pop-up play yard** that has a bottom, and put your puppy in it at a park, near a train track, near a street, or anywhere else that you can safely do so! If it's too overwhelming for your puppy, back up further from what's causing the stress. Sit with your puppy and play! Give treats. Make it fun! We used to sit a few blocks from the fire department in a spot on the grass and slowly got closer and closer. Our dog was never afraid of sirens and, in fact, got excited when he heard them because he knew it meant treats and praise! You can bring a potty grate (as seen in the email regarding potty training) so your puppy has a safe place to potty. OR you can bring alcohol wipes and just clean your puppy's paws after he uses the grass. Here is an example of a pen.
- Place a comfy blanket in the bottom of a **shopping cart** and take your puppy for a stroll through Home Depot, the feed store, or other dog-friendly stores! Bring some hand sanitizer for people (non-scented!)

SOCIALIZATION (cont.)

who want to pet your puppy. And remember a potty grate in the car or wipes for feet. Always potty your puppy before and after. Sometimes, an anxious puppy was only anxious because he needed to potty.

- **Invite fully vaccinated dogs over to play** that are respectful and well-trained. Be sure your puppy has many safe areas to get out of dodge if overwhelmed. Keep play sessions fun, short, and under close watch!
- Take your puppy **everywhere you can safely do so**. But remember! An overwhelmed puppy is not being socialized; it's being traumatized. For most puppies, a loud basketball game or birthday party is too much and can cause fear and distress. Start slow and build up. Never force your puppy to walk into something they're fearful of. Be patient and full of rewards.
- **Drive to the vet parking lot**, park, and open up the vehicle or pop up your pen. Sit for an hour or so and let your puppy see all those dogs go in and out! Don't allow dogs to come meet your puppy because they could be sick. But your puppy hearing the barking and smelling and seeing all those dogs is great!
- **Take your puppy in the car to get... Gas. Coffee. Fast food.** All of these things are often forgotten about in the early days, and then people wonder why their adult dog is losing his mind at the gas station. Take advantage of these puppy days when they take everything in stride.
- Exposure to **various surfaces**. Find areas you can let your puppy walk and play that offer a variety of textures. Concrete. Grass. Turf. Carpet. Wood floors. Tile. You get it! Treats and play!
- **Invite a few people over at a time**. Start with calm kids and dog-savvy adults. Then, once your puppy has learned more commands from you and is good on leash, expand to more active kids or Uncle Phil that talks too loud and wears that ugly hat. A leashed puppy is easy to stop from jumping (just stand on the lead, leaving enough room for the puppy to be comfortable but not enough to jump). Praise, praise, praise! Treats, treats, treats! Remember to put the puppy in his playpen with a good chewing bone when he gets mouthy - a common occurrence in an excited puppy.
- **Screen time!** Yep - I said it. There are tons of videos on TV for dogs. Seriously, google it. You can find babies crying, sirens, barking dogs, meowing cats, running horses, and chickens, etc.
- **Puppy classes**. As more and more major dog organizations are siding with the importance of socialization early in a puppy's life, there are more facilities that are opening up puppy classes for young, not fully vaccinated yet puppies. Try to find a good one in your area!

Is your puppy barking and barking? Back up 10 feet or add a visual barrier. Then slowly get closer/add visual. Remember to advocate for your puppy!



NUTRITION & DIET

My Journey of Pet Nutrition

Canine nutrition can overwhelm many. Science is always updating, with dog food companies releasing conflicting and sometimes misleading statements. Recalls constantly challenge our trust in brands, especially smaller ones owned by larger corporations. Opinions on Grain vs. Grain-Free, Chicken vs. no poultry, by-products, meal, and more—it's a lot to study and keep up with the ever-changing information.

I won't claim to know everything; that would be outrageous! However, since 2009, I've been deeply involved in the dog food world. It all began with my job at an oncologist's veterinary practice, where we provided nutritional support to families whose dogs and cats battled various forms of cancer. I then worked at an exotic pet store, priding ourselves on holistic pet nutrition education. Moving back to veterinary hospitals, I experienced two clinics that approached pet care more commercially and with a Western medicine perspective. And, of course, becoming a breeder of well-bred dogs demanded understanding and education in nutrition.

Throughout these experiences, I've formed my own opinions. Drawing from each profession, I've witnessed how owners have healed their pets through proper nutrition and, unfortunately, how well-meaning choices in feeding led to horrific outcomes. I've observed owners trusting vets pushing mainstream commercial diets and the resulting repercussions. These issues only benefited these vets, as the more problems the dog faced—skin allergies, recurring yeast infections, digestive problems, hair loss, and more—the more owners paid to alleviate their suffering pets.

I don't believe pet nutrition is a "one size fits all" topic. I could write for hours, dissecting my thoughts on various dog food brands, their recalls, private lab statements, FDA standards for dog food in the US, and more. But let's simplify: let's discuss what's directly related to the puppy you're getting and what we recommend for them! These recommendations are based on my experience and knowledge, aiming to simplify the process for you.



PUPPY FOOD

"What do we feed our Oregon Bordoodle?" Let's talk about the options that we believe are the best for your Bordoodle's nutritional needs.

DRY DOG FOOD

I am passionate about quality nutrition for my dogs. It offers convenience because it stores easily and doesn't need to be kept cold. The "crunch" aids in daily teeth cleaning, and when it's from a reputable source, the nutritional value meets or exceeds what is scientifically proven to maintain the health of your Bordoodle.

We have two companies that are recall-free, USA-processed, and manufactured. We've personally used them for years with excellent results! These are the approved dry dog food brands: **PawTree Foods** or **Life's Abundance**.

- [\(BUY PAW TREE FOODS\)](#) | [\(BUY LIFE'S ABUNDANCE\)](#)

We raise our puppies on PawTree because we find it to be gentle on tummies, perfectly sized, and they love the taste! The exact food your puppy is currently eating, and that we suggest you keep your puppy on for the first 6 weeks of arriving home is: [PawTree Real Chicken & Oatmeal](#).

We also have some treats we use by this company during training, as well as their ear cleaner and shampoo. To simplify for you, we have a [Recommendations](#) page. You can click and "Add All Products to Cart" if you'd like to order your puppy's food, treats, and ear care.

PUPPY FOOD (continued)

There are many things sold through PawTree that we love! We don't want to overwhelm families with an extensive "must-have" list, so we kept the Recommendations list short and easy! If you're wanting to expand, look through their site at all the wonderful things they offer! Never hesitate to reach out with questions.

Note about dry dog food: Variety is the spice of life! Switching your dog's food every few months is not only acceptable but highly encouraged! Studies prove that dogs are less likely to develop allergies to various proteins when they're exposed to a variety. We swap between the two brands and their proteins often: chicken, turkey, lamb, whitefish, etc. We are also big believers in "all things in moderation" and see the benefit in feeding wholesome grain diets as well as the occasional grain-free diet. Luckily, both brands offer various options, so making switches is easy! We change from one to the next over a 3-10 day period and rarely see upset tummies. If your Bordoodle does experience GI issues, slow down the transition and offer lots of plain canned pumpkin. It is a lifesaver!

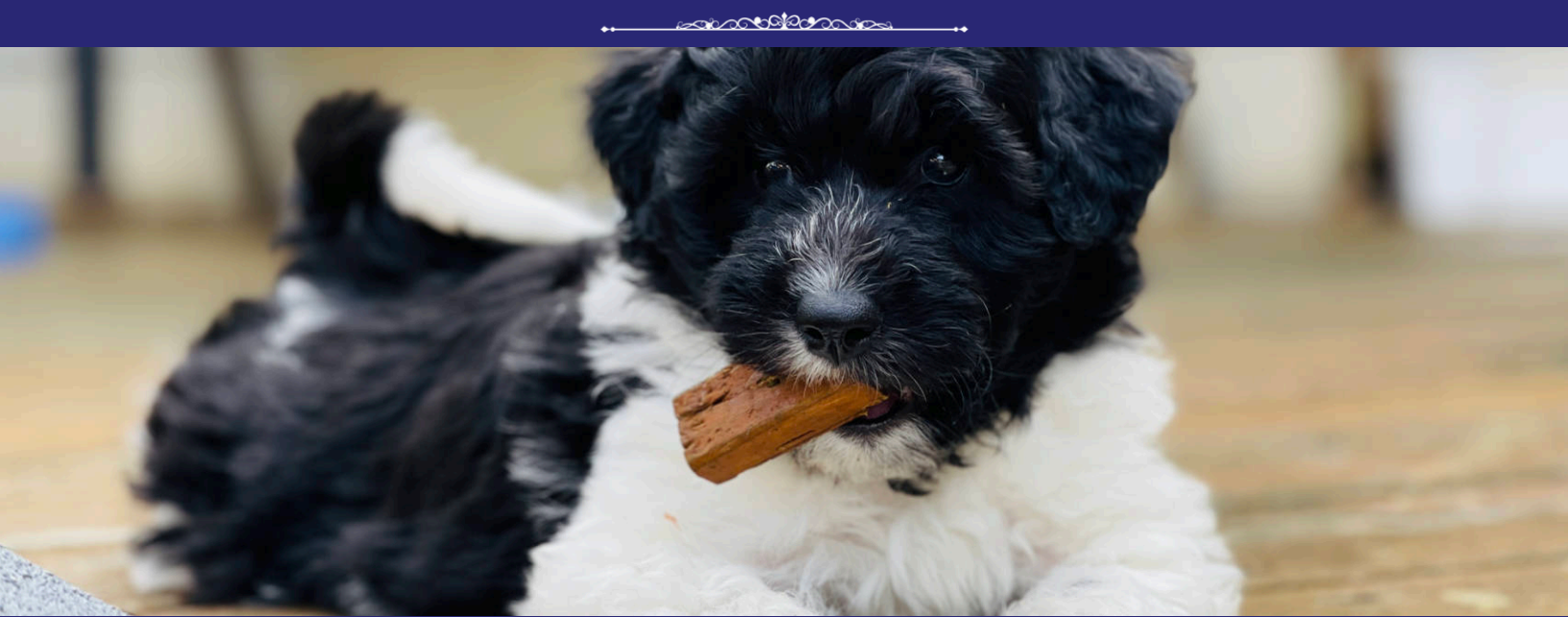
RAW DOG FOOD

For those that favor raw dog food, we have a few brands we researched extensively and use ourselves! These two brands are **PawTree** or **Northwest Naturals**.

- [\(BUY PAWTREE FOODS\)](#) | [\(BUY NORTHWEST NATURALS\)](#)

FINAL IMPORTANT NOTE ABOUT FEEDING BORDOODLES:

Bordoodles are generally not big eaters. It's very common for a Bordoodle to snack or graze and eat slowly. Oftentimes, an adult Bordoodle will even skip a day of eating! This does not mean they "don't like their food." You might say, "But then I added something and he did eat it!" That's normal and doesn't mean he didn't like his food. I cannot be hungry but will still eat bacon if it's offered to me. Adding extra things can become a bad habit. If you insist, PawTree does offer some raw food toppers/seasoning, but remember that once you spice up your Bordoodle's plain dry dog food, he is super smart and may stop eating food that isn't topped off with something extra.



SUPPLEMENTAL SUPPORT (VITAMINS)

After a lot of hunting and researching, Oregon Bordoodles discovered a vitamin called NuVet. We love the company and their product! During their time at Oregon Bordoodles, your puppy is raised with NuVet being part of their daily routine.

FOR PUPPIES: We have found a supplement that fills the immunity gap all puppies experience. Shortly after birth, maternal antibody effectiveness is greatly reduced. By 8 weeks, your puppy's immune system is at a vulnerable point. Once in their new home, the immune system is weakened by the stress of adoption and exposure to novel bacteria and viruses in their environment. This is also when the vaccine series starts. Vaccines are only effective if the immune system can respond properly.

FOR DOGS IN THEIR PRIME: It improves their skin and coat while protecting against irritants, staining from tears, and many imbalances due to lack of optimal nutrition.

FOR OLDER DOGS: It helps keep the immune system strong, which is crucial for longevity and vitality. They also offer an amazing Hip & Joint formula called NuJoint DS that helps protect joints, rebuild cartilage, and increase mobility and flexibility. This literally gives your pet relief and puts the 'pep' back in their step!

Your puppy is used to getting one "wafer" a day. We generally break it up into fourths so that we can give it to them throughout the day. They absolutely love their wafers! Continuing NuVet is important to NOURISH your puppy for a happy, healthy life together.

SUPPLEMENTAL SUPPORT (cont.)

WHY NUVET LABS?

They share our passion for pets and took 8 years to create the best immune supplement on the market. I know... Everyone says that, but they back it up with proof: Thousands of testimonies, 20 years recall-free, cold processed and sourced, and manufactured in a human-FDA-USA facility. That's human-grade, NOT pet-grade. BIG difference! NuVet Plus strengthens your pet's immune, skeletal, cardiovascular, and nervous systems.

Please place your order before your puppy comes home so they don't miss a day.

- **BY PHONE:** Call (800)-474-7044 (8:00am - 5:00pm PST) and use reference #85465
- **ONLINE:** Use the code 85465 and order online at [NUVET.COM](https://www.nuvet.com)

Please add this layer of protection for your precious new puppy. **With auto-ship, it's only \$16 a month** to ensure you have many, many more happy, healthy years together... Use it as their treat—they love it!



SUPPLEMENTAL SUPPORT (PROBIOTICS)

Probiotics (and the prebiotics that feed them) are some of the most important supplements your Oregon Bordoodles NEED. These won't be found alive and well in dry kibble or other vitamins. The gut health of your dog runs the show! It affects everything from coat, shedding, skin, yeast, bacteria, digestion, the immune system, and even temperament! Humans with a low gut microbiome report mood swings, headaches, confusing hunger cues, and more. Help your Bordoodle look, feel, and behave their best with a quality probiotic/prebiotic supplement. MaxiVet is our absolute favorite probiotic and their formula is unmatched!

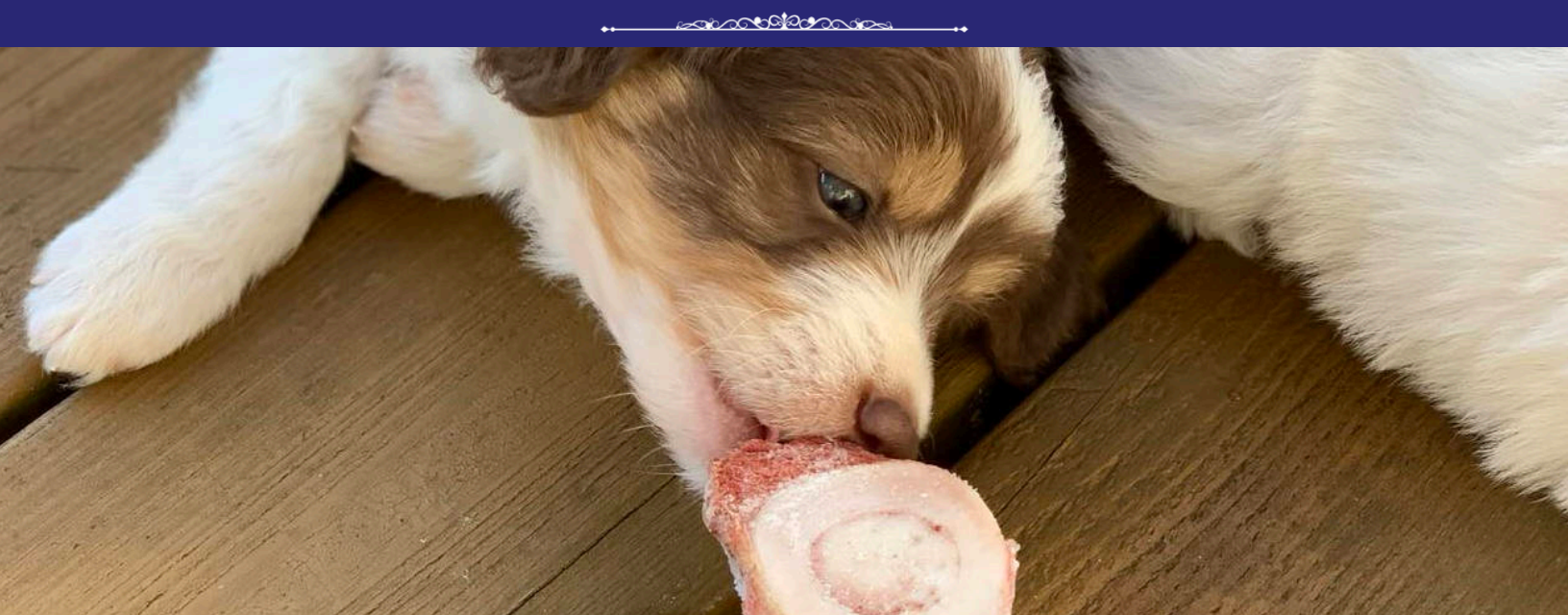
WHY MAXIVET?

We have seen MaxiVet bring life back into our old dog that was sluggish and overeating. We've seen it heal dogs suffering from chronic ear infections or abscessed anal glands, itchiness, and paw licking. Our puppies and even picky eating pregnant Moms love MaxiVet's soft chew. We chose MaxiVet because:

- The first canine supplement on the market designed to mirror the digestive benefits of consuming wild prey
- USA made with excellent quality control
- Dogs love them
- Amazing customer service
- Affordable

Please place your order before your puppy comes home so they don't miss a day.

- **ONLINE:** Order online at [MAXI-VET.COM/COUPON/OREGONBORDOODLES](https://maxi-vet.com/coupon/oregonbordoodles)



TREATS & CHEWS

TREATS: Treats are your puppy's currency. It's how he gets paid for a job well done. You'll be using lots and lots of treats! You don't work for free and neither should your dog. Socialization, training, enrichment, and more. Dry food kibbles can be used as a treat! During those first months when a puppy comes home, I rarely feed them their meals in a bowl. Instead, I put kibble in my pocket, and that's how they get fed! Throughout the day as they investigate, learn, offer eye contact, and display good behavior, we offer rewards. But we also use treats! Sometimes they're all mixed up in their kibble in their treat bag on my hip, and sometimes we're using just treats to teach something new. Make sure treats are free of:

- Unnamed meat such as "animal"
- By-product
- Corn
- Wheat
- Soy
- Artificial colors

A few of my favorites are by **PawTree**, **Zukes Mini Naturals**, and **Merrick**.

- [\(BUY PAWTREE\)](#) | [\(BUY ZUKES MINI NATURALS\)](#) | [\(BUY MERRICK TREATS\)](#)

TREATS & CHEWS (cont.)

CHEWS: If your puppy is chewing it, she's swallowing it! Even in small amounts. So, we do not use plastic-based Nylabones, RawHides, or dyed items. Our favorite things to offer puppies to chew are:

- **Raw, frozen marrow bones.** Found at most holistic pet stores or local butcher shops. Choose a marrow bone that's about the size of a woman's fist. Keep it in the freezer, then offer it to your puppy in the crate, X-pen, or outside. Once the puppy is done chewing for the session, place it back in the freezer. Keep this up until the bone has been stripped away of all blood/raw meat. After that, you don't have to keep it in the freezer anymore. Replace it when the puppy consistently gets bored of it and is ready for a new one.
- **RedBarn** – My favorite brand ever! They offer a wide variety of things for your puppy to chew on. Braided bully sticks, collagen sticks, and more! Many sizes! [\(BUY REDBARN\)](#)
- **BeneBone** – Most puppies love these! Some don't care for them. [\(BUY BENEbone\)](#)



CRATE & CONFINEMENT



CRATE TRAINING

Crate training your Bordoodle puppy is a lifelong investment, and it is crucial to support your puppy through this training process. A crate-trained dog can still enjoy your bed, roam the house, and spend most of their time outside the crate. The crate is essential for protecting your Bordoodle during the puppy stage and provides a safe space for a puppy that can't roam freely. It also aids in potty training and offers a comfortable place to rejuvenate, re-center, and process.

Additionally, if something happens that requires your Bordoodle to need confinement, such as surgery, an injury, hotel stay, or trip, you can easily set up a space that is already accepted by your dog.

WHICH CRATE SHOULD I USE?

Your crate should be large enough that your dog can fit comfortably and turn around. They should be able to sleep on their side and stand without crouching down. Oftentimes, I recommend people purchase the size crate their dog will need as an adult and just be sure that it has a divider so you can make it smaller while they're young. You simply move the divider back further and further as they grow! I recommend a wire crate because Bordoodles overheat easily. Good ventilation is very important! I prefer a double door crate, personally.

BED IN THE CRATE?

Yes! But if your puppy is chewing the bed, you may have to swap it out for a fluffy blanket while your Bordoodle is young. Most puppies do just fine with a bed because they're tired when they go in, and they have a bulky stick if they need to chew.



HOW TO CRATE TRAIN

Your method of crate training is simple and has been used by us and hundreds of families for over a decade. It works. However, **do not start crate training until your puppy has been home/stable for 3 consecutive nights**. Allow that time to pass so your puppy is capable of taking on the transition without stacking stressors of adjusting to the change that came from leaving their littermates and breeder.

1. Place the crate somewhere you can easily get from the crate to the door you'll use to take your puppy potty. Crate training can be loud, so I don't suggest a bedroom someone sleeps in. We use our laundry room.
2. Feed your puppy 2 hours before bedtime. Offer water, then remove the water access and discontinue treats. Play with your puppy and continue normal life with lots of potty breaks. Right before bedtime, do another long potty break. Then offer a drink of water. Place your puppy in the crate with his/her "Snuggle Puppy" (we provide) and something to chew like a braided bully stick. Say "Kennel" as you place your puppy into the crate. Cover the crate with a breathable sheet/blanket/crate cover.
3. Walk away... He may bark. Cry. Whine. Scream! But he's fine, right? You know he ate. Drank. Pottied. Played. You know he's safe. He may cry for 5 minutes then go to sleep. Or maybe, more likely, around 30 minutes. In rare situations, he may cry an entire hour! If he cries for an hour, quietly enter the space, open the crate, grab your puppy, and take him outside to potty. Offer little conversation or interaction. Outside for 10 minutes to potty/walk and offer a drink. Back in the crate and start again.

Your puppy will cry himself to sleep. When he wakes up, he will need to go potty. Because we have set our puppies up from birth to understand that going potty while you sleep is not acceptable, your puppy will cry to get let out. Whether your puppy slept for 15 minutes or five hours does not matter. Once your puppy has fallen asleep and has woken up crying, go to your puppy and take your puppy potty. Again, low interaction. No treats. Back in the crate!

Generally, with this method, in less than 7 days, we have a puppy that sleeps all night! Crying time gets less, the severity of the cry also lessens. Sleep times get longer. Once you've mostly mastered nights, you can use the crate for short durations during the day. Oftentimes they'll reject the idea at first, similar to when you started night training. Stick to it! Don't reward the complaints verbally or optically. Then you can even move the crate to a more central area in the home and work towards leaving it uncovered. It's all a process. Before you know it, you'll be able to tell your teenage dog "kennel" and watch them run across the house happily into their kennel where they'll take a 2-hour nap even while people are up and moving around.



X-PEN

An X-pen (exercise pen) will be a very important tool you'll use for the first 3-6 months when your new puppy is home. Like the crate, it requires an adjustment period. Also, like the crate, it offers a safe space for your puppy. But it's used differently and plays a slightly different role.

An X-pen provides significantly more room than the crate and can even serve as a potty area when necessary.

WHEN WILL YOU USE THE X-PEN?

- During the day and the first few nights before you begin crate training.
- If you'll be gone longer than 1-2 hours (potty area needed).
- When your puppy needs to rest.
- When you need to cook, clean, shower, or attend to anything else that prevents you from keeping an eye on your puppy.
- When the puppy is too rambunctious or overstimulated.
- In circumstances where you cannot train/help your puppy with something that will require training, such as having guests over or bringing groceries in.

WHERE DO YOU PUT THE X-PEN?

Everybody's house layout is different. Ideally, it should be placed away from the main commotion of the home but not too central. We use our Family Room.

X-PEN (cont.)

WHAT X-PEN SHOULD WE GET?

If you're getting a **medium/standard-sized Bordoodle**, I recommend the Regalo 192-Inch Super Wide Adjustable Baby Gate and Play Yard. It's sturdy, not an eyesore, each panel can move and be secured individually, and they cannot climb it! It can take many shapes.

- [\(BUY IT HERE\)](#)

If you're getting a **miniature/medium Bordoodle**, I recommend this Baby Playpen Kids Activity Centre Safety Play. They can't fit through the bars, climb it, and it's cute and easy to clean! It can also be secured/added to. You can choose a color you like.

- [\(BUY IT HERE\)](#)

*"These are great, but I want the **super pretty one** you have! What's that one?"* Mine is from Clearly Loved Pets.

- [\(BUY IT HERE\)](#)

OTHER ITEMS TO CONSIDER:

- **Crate in or out?** – You can choose to put your puppy's crate inside the X-pen if you wish. Or you can simply use an elevated dog bed or even just a comfy dog bed. Crates take up space and require that you remove the door or secure it open so it doesn't accidentally close. I recommend: [\(BUY BED\)](#) | [\(BUY ELEVATED DOG BED\)](#) | [\(BUY ELEVATED DOG BED PAD\)](#)
- **Water dish** – I suggest a hanging/secured water dish so that your puppy doesn't spill, or the "Slopper Stopper" dish. [\(BUY THE SLOPPER STOPPER HERE\)](#)
- **Potty area** – During the times your puppy needs a potty area, place it in the furthest back corner of the X-pen area. Those details will come later in the next section "Indoor Elimination Area."
- **Enrichment item** – Whenever you remove the potty area, it's important to fill the space so your puppy doesn't go potty there. I recommend a toy gym, wobble board, snuffle mat, etc.
- **Food bowl** – You don't need a food bowl inside the X-pen for your puppy because you'll be feeding your puppy controlled meals.
- **Toys/Chews** – Always leave your puppy with a good chewy and 1-3 toys. Rotate chosen toys to keep him/her interested!

"K.I.S.S." Rule (Keep It Simple Sweetie!) ... Too much clutter in the X-pen is not good. It causes more accidents, messes, and destructive behavior. Keep it simple!



INDOOR ELIMINATION AREA

Sometimes, you may need a place for your puppy to go potty inside. Think of this as similar to a toddler. When we're potty training a toddler, we might bring the potty chair in the van with us in case we can't find a rest stop soon enough. I'd prefer that my toddler uses the 'little potty' in the van before having an accident. Does that mean my toddler will always need a mini potty chair? Of course not!

WHY WOULD YOU NEED AN INDOOR POTTY AREA?

- Bad or dangerous weather.
- The puppy will be in the X-pen for longer than 1.5 hours without a person to take them out.

For the most part, I am not really in favor of “potty pads”. I feel they teach puppies to eliminate on fabric, blankets, towels, and rugs. They also get shredded pretty quickly, so the puppies just learn this constant disaster of shredding these plastic potty pads and also eliminating on that kind of surface. So, because of that, I was always hesitant to use them. But a breeder whom I really look up to has a different system that uses potty pads differently. I decided to give it a shot, and I am really liking it honestly!

When the puppies were about three weeks old and started to leave their sleeping area to go potty, we put in a washer/dryer tray with a grate. We used binder clips to clip potty pads on the top of the grate. This gave the puppies a chance to begin learning to eliminate on the pads and feel the grate under their feet. The pad was on top of the grate at that time. Once their feet were bigger, we started only covering half of the grate with the pads and the other half, the potty pad was under the grate. Once we saw everyone being willing to stand on the grate, we officially switched to the pads under the grate.

INDOOR ELIMINATION AREA (cont.)

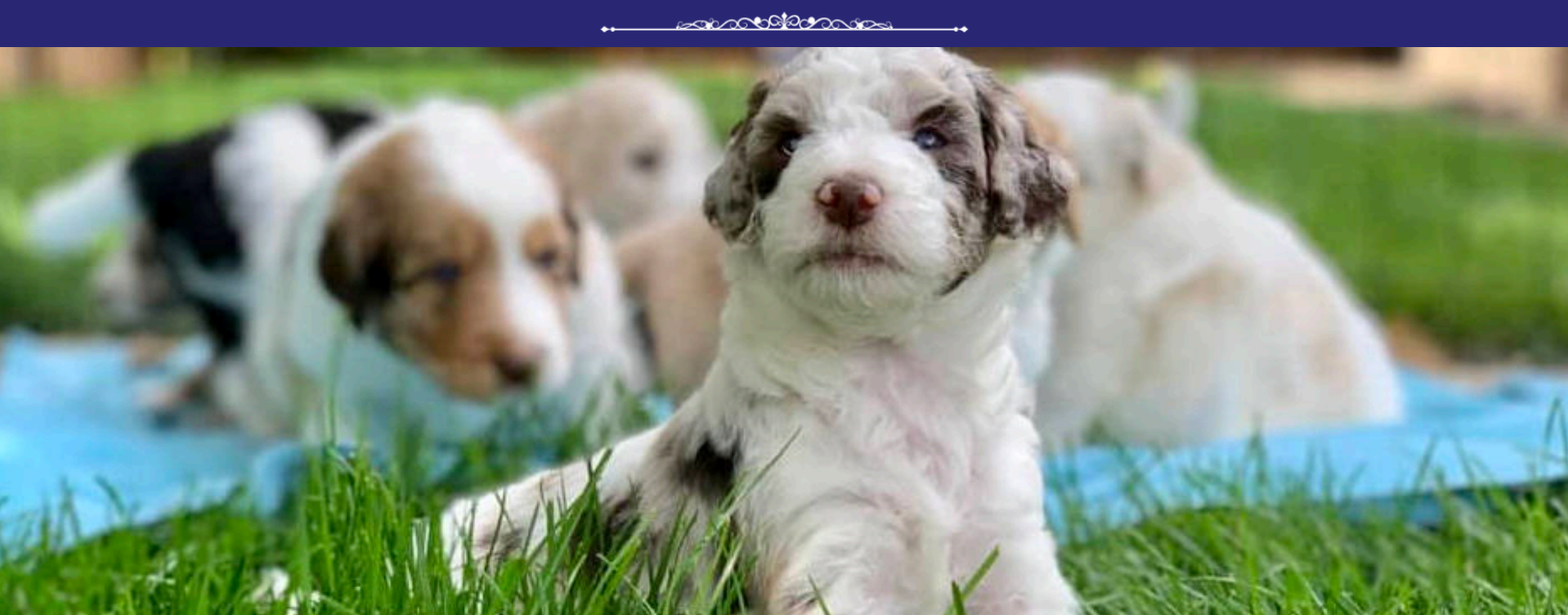
When the puppies need to go potty, they walk over to a tray that has a grate in it and balance on the grate to go potty. This way, the urine and their poop go through the grate and onto the potty pad. This is awesome because it keeps them very clean! And the grate is unlike any other surface they're going to come in contact with, so it isn't teaching the bad habit of eliminating on a negative thing. They're doing a fantastic job at using their tray and grate system!

One thing I do think is important at first, if you plan to continue their grate/pad system, is to use the same pads as we did at first. You can switch out later, but at first, keeping the same smell will be very helpful. If you like our potty grate system (we use Little Wolves), I would definitely encourage you to get that too!

- [\(BUY THE PADS HERE\)](#) | [\(BUY THE GRATE SYSTEM HERE\)](#)



GROOMING



CHOOSING A GROOMER

Sometimes, finding the right groomer can be difficult, but it is necessary for your dog's well-being and is worth investing in.

HOW TO FIND A GOOD GROOMER:

- Read the **reviews** and look at photos of their work.
- Find a groomer **experienced** in handling doodles.
- Call and inquire if they are willing to follow a "**slow-start**" **plan** with your puppy (beginning with a meet and greet, followed by brushing, nails, and gradual trimming, allowing the puppy to get comfortable at their own pace).
- Ask them how they handle **wiggly, excited puppies**.
- Inquire about their methods for managing **anxious, barking dogs**. Do they have a separate room for such dogs? (Exposing your puppy to the sounds of a panicked dog in a crate can create a stressful environment for your puppy).
- Do they have a specific protocol for puppies **before they complete their vaccines**? (Typically, they see puppies first thing in the morning, on a clean surface, and prefer the owner to stay rather than leave, avoiding kennels for the puppy.)
- Spot a dog in your area with a **cute haircut**? Ask the owner for their groomer's details!
- **Tip generously.** Groomers have challenging jobs. Establish a friendly rapport by tipping, complimenting, or even with small gifts. Building a good relationship with your groomer can be life-changing for a doodle owner!



GROOMING

Oh, the lovely world of grooming your Bordoodle. Honestly, it can be such a fun aspect of owning a doodle! Your neighbors could believe you own 5 different dogs if you switch up styles often enough.

A professional groomer is KEY. Please do not go into this thinking and planning you'll do all of the grooming yourself. Your dog will look much better if a professional does it, trust me. Grooming doodles is no joke. Anyone (almost) can trim a little here and there, but the Air Forced dryer, the shaping, the thinning, etc., that the professionals do... there's just nothing to compare.

You must take your puppy to get exposed to the groomer ASAP. Many groomers won't offer a full groom until all vaccines are done, but see if they're willing to do anything at all. Many are if you're nice on the phone! Start small, like a quick eye trim and nails. Then a bath next time. Keep building up. Don't wait until your dog is a shaggy mop to drop them off for their first time. Expose them to the grooming salon long before they're actually in need.

HOME GROOMING IS CRUCIAL!

Even with regular trips to the groomer, you must maintain the coat in between appointments. I'm sure you've heard the negativity surrounding doodles and their owner's clear lack of understanding of how to maintain the coat. Let's not be one of those! I'm here to educate you on how to properly groom your Bordoodle in between appointments to keep them clean, comfortable and adorable!

First, invest in some quality tools. You don't want to buy multiple tools and have a drawer full of cheap tools that didn't work. I'd rather you buy one set that last your dog's entire life and work well!



GROOMING ESSENTIALS

PUPWELL GROOMING TOOLS

Through years of trial and error I've learned what tools work and are worth the money. I know you'll love these specifically for your doodle's coat type and will quickly find them to be easy and efficient to use. [Pupwell](#) is a small business company that makes high quality products made specifically for Doodles and their customer service is amazing.

([Ultimate Dog Grooming Kit](#) is what I recommend, however you can also buy the [Pup Parent Essentials Kit](#) and/or the [Iconic Nail Duo Kit](#). These are available in the "Signature Grooming Kits" tab.)

BUY PUPWELL TOOLS

FROM THE "PUP PARENT ESSENTIALS" KIT:

- **Slicker Brush:** Gently pulls through tangles from root to tip in one easy motion! The curved pins with rounded tips make this brush comfortable and extremely effective.
- **Everyday tooth comb:** After brushing, you'll want to line-comb through the coat. This is a step that cannot be skipped! This is where the magic unfolds.
- **Fine tooth comb:** This comb is perfect for faces, tear stains, grass seeds in legs, and under the ear flaps. It also removes fleas if that's ever an issue.
- **De-matting comb:** Matts happen to dogs living a full life of scratches and romp sessions! With this comb you can safely remove them easily. Your groomer will love you!!

FROM THE "ICONIC NAIL DUO" KIT:

- **Nail trimmers:** Clipping nails doesn't have to be scary and it does have to be done! Pupwell's nail trimmers clip through even the thickest nails like butter and the safety stopper can put nervous hands at ease. Follow up with the Dremel to round the sharp edges and you'll have a dog who doesn't even *tap tap tap* on the floor while walking!

Note: Poor nail management affects the whole body as the wrist bends backwards to accommodate the longer nails which puts strain on the legs, shoulders, spine and neck. Please keep nails short and tidy!

The basics above are absolute necessities that can't be passed over!! If you want to do shaping in between appointments to keep your doodle looking like a teddy bear all of the time, the sheers kit is quality, so sharp and easy to use!



GROOMING ESSENTIALS

FROM THE “ULTIMATE DOG GROOMING” KIT:

Includes all of the things listed above as well as the suction leash (my husband won't groom without!), lick matts to make grooming fun and their toothbrush!

But the best add-on is they also send:

- 25 professional video teaching sessions, 14 professional grade tools your groomer uses
- The Ultimate Grooming Course delivered to your inbox immediately so you can start learning what professional groomers do.
- Access to their Private Facebook Group, student-only community where you can share your profess, get accountability, and direct access to me.

BATH TIME RECOMMENDATIONS

Using quality products during bathing makes all the difference! I like products that last a long time, clean while also nourishing the coat, detangle and don't leave behind residue or artificial scents. If you're wanting the same, here are my top favorite products!

MY BATH TIME FAVORITES:

- **Earthbath Puppy Shampoo** – ([BUY EARTHBATH PUPPY](#))
- **Distinguished Doodle Shampoo** – ([BUY DISTINGUISHED DOODLE](#))
- **Target Kindful Chamomile Gentle Puppy** – ([BUY TARGET KINDFUL CHAMOMILE](#))
- **Cowboy Magic** – After the bath, I apply a little Cowboy magic to the damp coat. It's miracle serum! – ([BUY COWBOY MAGIC](#))
- **Bath Fresh Mist** – If you need a little “in between baths” spritzer, my favorite is actually this one. I've probably tried 50+ and always come back to this one. Light scent, no residue and makes the coat so luxuriously soft! (You can grab some of their treats and ear cleaner if you want to get free shipping) – ([BUY BATH FREST MIST](#))



MEDICAL & VETERINARY



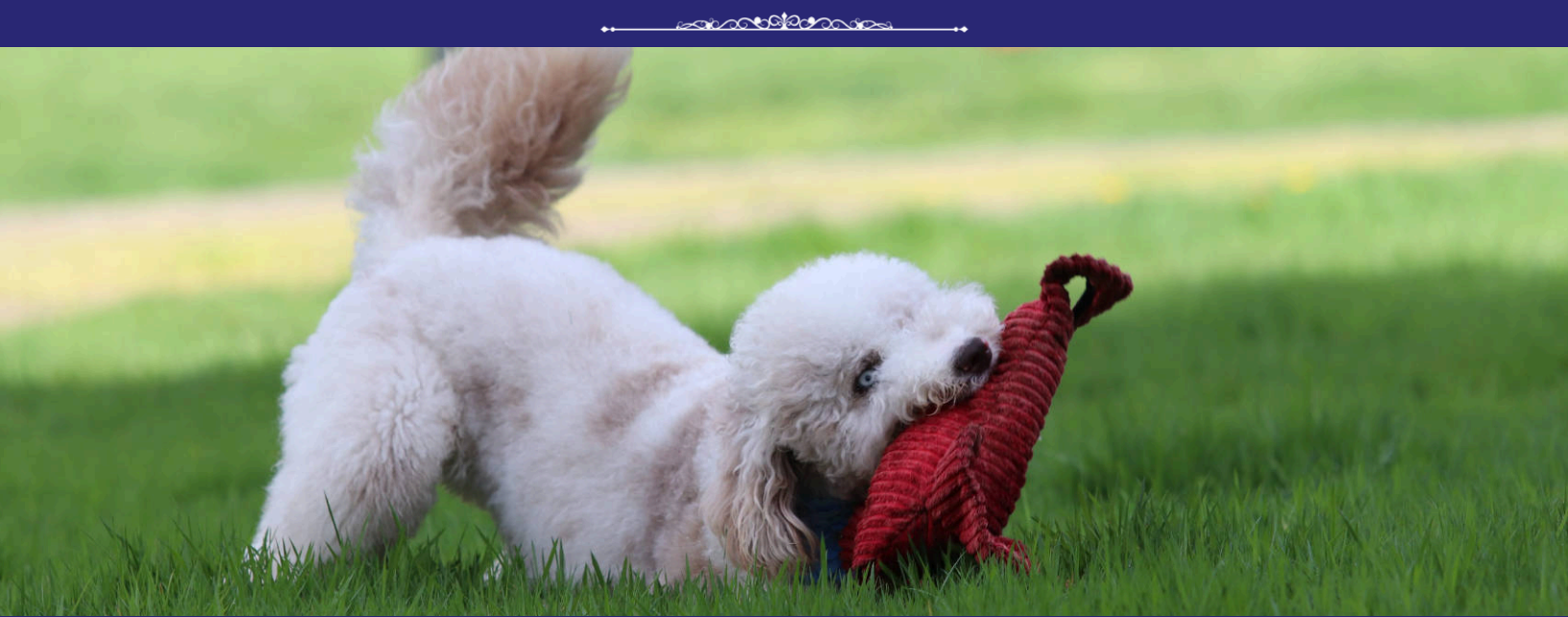
FINDING A VETERINARIAN

Unfortunately, the days of selecting the closest vet to your home are not always the best option anymore. Here are a few things to keep in mind when choosing which veterinarian you will be trusting with your puppy's healthcare!

HOW TO FIND A GOOD VET:

- Read the **clinic's reviews**.
- **Watch and listen for signs** that the doctor/staff is not fond of 'doodles'. This is unfortunately semi-common, and I have sadly seen it affect how they care for you and your pet.
- **Do NOT use Banfield**. After working with vets for several years, I can tell you that Banfield Clinics consistently practice in unethical ways.

Sometimes we don't know a particular vet isn't a good fit until after an appointment or two. Never hesitate to switch vets! Do not allow guilt or annoyance at the hassle to get in the way of advocating for your Bordoodle puppy!



TRUPANION PET INSURANCE

FREE for 30 Days

We require you to activate your free 30-day pet insurance plan prior to picking up your Oregon Bordoodle! You may cancel after the 30 days if you wish.

Trupanion offers thorough, easy-to-understand pet insurance. This is **required** by us before you take your puppy home! They cover 90% of anything not considered 'wellness' care. This includes, but isn't limited to: parvo, broken bones, being hit by a car, illness, disease, any trauma or injury, and more! This does not include vet well-check exams, vaccines, deworming, etc.

NOTE: I receive no financial compensation whatsoever from my families using Trupanion. But I do have peace of mind.

WHY AM I PASSIONATE ABOUT THIS?

Having bred dogs for 10 years now (Bordoodles for 5 years as of April 2019), I have seen my fair share of accidents. I've had two puppies get broken legs within 30 days of going home. Both were total freak accidents that could have happened to anyone. It was emotional for me to hear about the puppy's trauma, and it added even more pain to hear about the family's sudden huge and unexpected vet bills to care for their brand new baby! Another family lived near a river, and an eagle dropped a salmon in their yard. The puppy went out the doggie door to go potty and ate some salmon. It cost them \$11,000 in total and 7 weeks of hospitalization. She lived! But they are still paying off the bill to this day, and it absolutely breaks my heart. Lastly, we have had not one, not two, but three

TRUPANION PET INSURANCE (continued)

families have to pay for surgery within 60 days of getting their puppy because their puppy did as puppies do... and ate something naughty. One was a rock, and the other two were both socks. Exploratory surgery and blockage removal are expensive.

With all of these situations, Trupanion would have covered 90% had they had the coverage.

Parvo can happen to any breeder, even the best, cleanest, and most wonderful of breeders. I'm so grateful it has never come into my kennel, but I would be foolish to think it could never happen. A very good friend and mentor of mine has gone through parvo twice. Both times, it wasn't discovered until after puppies went home. Suddenly puppies were vomiting and had diarrhea, and she was getting one call after another from these families with parvo-positive puppies. Thankfully, she required Trupanion. So these families were able to get top-notch hospitalization and support/care for their puppies. Every single puppy lived! The lowest bill was \$2100, and the highest was \$7000. If these families were paying out of pocket, most would have had to cut corners and make very painful decisions simply because of monetary reasons.

So as you can see, taking a few minutes to sign your puppy up for his/her free 30 days of care is worth it! In my opinion, lifelong insurance through Trupanion is a no-brainer. Horrible things happen every day to pet families. My dog Summit climbed up a tree and broke his shoulder jumping down when he was 6 years old. Our other dog Kylie was attacked by a German Shepherd when she was 4 years old, and it cost us a 2-year payment plan! We didn't have pet insurance. With Trupanion, having your puppy signed up the day it leaves the breeder will lock you into a lower price plan for the life of your dog. Below, you can find the document that has your code to sign up! You must make the activation date for the day your puppy leaves me, whether that is in-person pick up, ship date, or leaving for Board and Train with one of my trainers.

SIGN UP CODES:

Go to [TRUPANION.COM](https://trupanion.com)
to activate your offer.

PROMO CODE (Excludes NY):

BR1OB41219

NY PROMO CODE:

BR2OB41219

Please consider also watching this video, [Benefits of the Go Home Day Offer](#).



PUPPY'S FIRST VET VISIT

When your puppy comes home, it's wise to have an initial vet visit to establish care. During this visit, your puppy needs a **well-check exam and fecal check**. Your puppy does **NOT need dewormer, flea treatment, or vaccines**.

Your puppy will have already recently received vaccines and dewormer and will be flea-free. It's a good idea to have your puppy examined by the vet to establish care there at your vet, and because it's good socialization/experience for your puppy. The first appointment should happen within 72 hours of your new puppy coming home, when possible.

FECAL SAMPLES: Bring in a fresh poop sample for your vet to send out and check for parasites. While we do all possible to send our puppies home clear, sometimes things lay dormant in a healthy puppy but then show themselves after times of stress (such as the transition into a new home). If your puppy comes back positive for anything, please contact me BEFORE administering any medications! Please note, the occurrence of a puppy leaving us and coming back positive for anything is extremely rare, but it can happen. We don't raise our puppies in small, sterile environments. They enjoy real grass, yard debris, socialization with other dogs and cats, and a variety of humans. For us, this is worth the small risk of parasite exposure because the benefits of those experiences outweigh the minimal risk of contacting parasites.

DIET RECOMMENDATIONS: Vets love to push their diets on new clients such as Hills, Science Diet, Purina, etc. None of these foods meet our standards for proper nutrition. We have very meticulously and carefully selected the handful of approved diets because they exceed nutritional needs, are recall-free,

PUPPY'S FIRST VET VISIT (continued)

and come from small, reputable companies with the pet's health as their biggest concern. If your Vet tries to use scare tactics such as discussing how grain-free diets were linked to heart defects, remind him that it was not all grain-free diets - and it had nothing to do with them being grain-free. Let him know that the food you're feeding was never involved/included in any of the recalled foods (Life's Abundance, PawTree, and Darwin's).

VACCINES: It's highly likely your vet will want to vaccinate your puppy regardless of the fact that we've already given vaccines and will provide paperwork as proof. Please advocate for your puppy! Over-vaccination poses a risk to your puppy's immune system. They will also likely try to get your puppy on some sort of monthly flea control. If you feel fleas are a risk in your area, Revolution Topical or Advantage Multi-topical are our recommendations. NO chewable flea pills, as most all have been proven to cause serious issues and even death in dogs. (Why these are still legally administered is something we don't understand and are actively fighting against with thousands of other breeders who agree.) The only chewable parasite control I would consider safe for your Bordoodle is Heartgard. That is recommended for puppies/dogs that live in states where heartworm is a concern. If your vet says anything about Heartgard/Ivermectin being unsafe for herding dogs, let him know that your puppy came from a breeder who tests for MDR1, and your puppy is safe.

Disclaimer: Your puppy may receive a Bordatella vaccine at that first appointment if you feel that's important to your puppy. We do not give that vaccine to our puppies. It's possible your puppy training/socialization classes require that, so double-check beforehand. Personally, because Kennel Cough is not fatal and the vaccine provides minimal protection, we allow our puppies/dogs to get Kennel Cough in the natural world. Once they've had it, they usually don't get it again for several years. Thus, natural immunity is our personal preference.

But your puppy does NOT NEED to be vaccinated for distemper, parvo, or adenovirus at that FIRST vet appointment. Look up the latest age your state allows a puppy to be vaccinated for Rabies and wait until that age. Some vets like to do it early, but it's so much on a tiny puppy's body! In Oregon, the law is 6 months. So, I don't vaccinate for Rabies until 6 months.

WHEN WILL VACCINES BE DUE THEN? Three weeks after your puppy comes home (puppy's age will be between 11-12 weeks), your puppy will need to go to the vet for his/her second set of vaccines. This needs to include: **Parvovirus, Adenovirus, and Distemper**. Repeat those vaccines 3 weeks later (14-15 weeks) and once more 4 weeks later (18-19 weeks of age). After that, you're good for ONE year, and then you'll repeat them every THREE years for the life of your dog."

PUPPY'S FIRST YEAR OF VET VISITS

VET VISIT, 72 HOURS OF PUPPY COMING HOME:

- Puppy exam
 - Fecal exam
 - Bordatella vaccine is ok
 - Heartgard is ok
- SAY NO TO...**
- DAP vaccine (until later)
 - Oral flea pills (forever!)

SUBSEQUENT VACCINES:

- DAP vaccine 3 weeks later
- DAP vaccine 4 weeks later
- DAP vaccine 4 weeks later (one more time!)
- Rabies at 6 months (or when your state requires)

OPTIONAL VACCINES:

These are some optional vaccines your vet might bring up that each owner will need to research and make a personal decision:

- Leptospirosis
- Bordatella
- Rattlesnake

LIFE THREATENING FLEA PREVENTION (DO NOT USE THESE SIX!):

- Bravecto
- Nexgard
- Trifecta
- Simparica
- Comfortis
- Advantus

Capstar is a safe oral flea pill, but it does not prevent fleas; it only kills fleas on the dog the day it's given. So unless a dog has a sudden infestation of fleas, it's overall a pointless medication, and a monthly typical flea treatment would be a wiser choice. Please only get flea medication & dewormers from your VET, not from feed stores, online, etc.

In the extremely rare case that your vet has a question or concern during your puppy's exam, please contact us right away. Please be sure you do not put your puppy on the ground, inside or outside of your vet's office, until he/she has received all of their vaccines. I always ask the technician to mop the exam room we'll be in with disinfectant before we go in. Remember, the vet is where sick dogs go!

Please let me know if you have any questions or concerns. Your puppy will come home with a simple-to-understand/read medical form that you can have your vet make a copy of.



PARASITES & FECALS

Firstly, what is a “fecal”? This term refers to the process of bringing a fresh stool sample in a clean plastic ziplock bag to your vet for sending it out to their lab. The vet sends the feces for testing, examining for several types of parasites, including **roundworm, hookworm, whipworm, tapeworm, coccidia, and giardia.**

ROUNDWORM

Most puppies are exposed to roundworm within the first 5 weeks of life. It is so common in the United States that almost all adult dogs have had it, have killed it, and are resistant to infection. However, this parasite can lie dormant in the body and become "active" during times when a dog is stressed or has a weakened immune system, making them vulnerable. For instance, during pregnancy and nursing, newborn puppies can be exposed through nursing. Roundworm is easily treatable and extremely rare in humans. While it is zoonotic (meaning it can be transmitted to humans), infection in healthy humans is exceedingly rare. Even babies over one year old can typically come into contact with it in small amounts without becoming infected, though it can happen. We thoroughly treat our puppies for roundworm, and it's very, very rare for our puppies to have it at the time they go home. If it does happen (remember, we recommend a fecal test be done for your puppy within one week of coming home!), then we recommend Drontal Plus be given, followed by another dose a week later, or a 5-day regimen of Panacur.

It's always wise to exercise caution and use basic precautions. This includes regular vet check-ups for fecal tests (every 6 months) and/or regular treatment for roundworm, such as monthly Heartgard, Drontal Plus every 6 months, or a 5-day regimen of Panacur every 6 months. Keep your puppy/dog's hind end clean, and if there's any feces in that area, wash it out promptly. Consider a grooming appointment focused on a "sanitary trim." Wash your hands after brushing your puppy/dog, and supervise young children closely, ensuring they wash their hands if they get too close to the rear end or a feces pile left by your dog.

PARASITES & FECALS (cont.)

HOOKWORM AND WHIPWORM

These parasites are very uncommon in Oregon. The only time I've encountered them was with hookworm in a puppy I purchased from the South. Whipworm can affect even adult dogs, causing low weight, poor coat, vomiting, and more. It's also challenging to treat because it survives in the ground so well. If your dog ever gets whipworm, we recommend using Advantage Multi for 12 months and changing your dog's potty yard/area substrate (by removing all grass and replanting with new seed and soil). Fortunately, we tested the puppy immediately and kept her isolated until we received the results. Once we confirmed the diagnosis (2 days after acquiring her), we promptly started her on Advantage Multi. We created a specific potty yard for her, which she used for one month. We used chlorine on it every day. A month later, we conducted another fecal test, and she was clear. As our vet suggested, we continued the Advantage Multi for a full year and allowed her full access to the yard. We performed fecal tests every 3 months, and she consistently tested negative. We have never sent home a puppy that tested positive for either parasite.

TAPEWORM

Fairly common in dogs in the US because fleas carry it. Therefore, if your dog gets fleas, they likely have tapeworm as well. Most dogs don't show adverse effects from having tapeworm unless they are weak, ill, old, or very young. However, it is zoonotic and disgusting to witness them come out. To keep your dog free from tapeworm, maintain good flea prevention like a Seresto collar, Advantage Multi, or Revolution. Avoid oral flea medications! Ensure all animals in your home are flea-free. If you have an indoor/outdoor cat, make sure to deworm it every 3 months (or use monthly flea control that includes tapeworm prevention, as many don't). Since most rodents carry tapeworm, if your dog aids in mole control, increase deworming frequency. Verify that the dewormer you use includes tapeworm prevention, as many don't. Don't solely rely on the vet's receptionist; inspect the flea control box yourself to confirm it includes tapeworm prevention. About 5% of the puppies we've sent home have been found to have tapeworm after leaving us, mainly due to discontinuing flea control during a dog's pregnancy. Our guardians closely follow protocols to keep their female clear of fleas during pregnancy, but it can be challenging in midsummer months. We conduct routine fecals with our litters, and if a litter does have tapeworm, we catch it before they go home and treat them.

IF your puppy is found positive for tapeworm at that first fecal:

1. Immediately let me know.
2. Ask for **two doses of Drontal Plus**. Give one now and another in 2 weeks. Follow up with another fecal test 2 weeks after the last dose.
3. Bathe your puppy immediately, paying extra attention to the back end. No special shampoo is needed. Just use regular dog wash and warm water. Wash your dog's bed immediately and again 3 days after the first treatment.

PARASITES & FECALS (cont.)

COCCIDIA

This is my biggest nuisance of a parasite! About 10-15% of all puppies we send home are found positive for this one. It lives happily in Oregon, with our wet environment, and is impossible to 100% prevent in our puppies unless we force them to live in small, sterile environments. I'm sure you've seen photos from other breeders of their puppies in these little concrete or metal cubicles that are easy to spray and sanitize. We choose to take the risk and allow our puppies to live real lives. Touch carpet, grass, wood, gravel, and more! We preemptively treat for coccidia because of this! It's easy to treat. If your puppy is diagnosed with coccidia at that first fecal:

1. Immediately let me know.
2. Ask for **two doses of liquid Ponazuril and Endurosyn probiotic paste**. Give one now and another in 7 days. Follow up with another fecal test 2 weeks after the last dose. (Give Endurosyn until the tube is empty)
3. Bathe your puppy immediately, paying extra attention to the back end. No special shampoo is needed. Just use regular dog wash and warm water. Wash your dog's bed the same day as the first treatment and again in one week.
4. Wash their dog bowls with hot water and soap.
5. Always pick up poop promptly.
- 6.

GIARDIA

This is my second most common parasite we deal with here. It's extremely difficult to eliminate completely in the environment because it thrives in Oregon and is everywhere. Puppies pick it up easily. It's somewhat more difficult to treat than Coccidia because it seems easier for them to reinfect themselves. This is one of the main reasons we recommend you get a fecal test done as soon as possible after your puppy arrives home. That way, if your puppy does have something, they haven't been all over everything by the time you know about it. If your puppy is diagnosed positive for giardia:

1. Immediately let me know
2. Ask for **5 days of liquid or powder Panacur and Endurosyn probiotic paste**. Start right away and repeat again in 2 weeks. Follow up with another fecal test 4 weeks after the last dose. (Give Endurosyn until the tube is empty) If they prescribe a drug called **Metronidazole**, please **DECLINE**! It's too soon to jump to such a horrific drug.
3. Bathe your puppy immediately, paying extra attention to the back end. No special shampoo is needed. Just use regular dog wash and warm water. Wash your dog's bed immediately and again three days after the first treatment.
4. Wash their dog bowls with hot water and soap.
5. Pick up poop promptly.

I hope this has helped educate you, and that you don't feel overwhelmed. Parasite prevention and treatment are a normal part of owning a puppy and a dog. Don't go down a Google trail and get yourself all worked up! Truly...

PARASITES & FECALS (cont.)

DIARRHEA

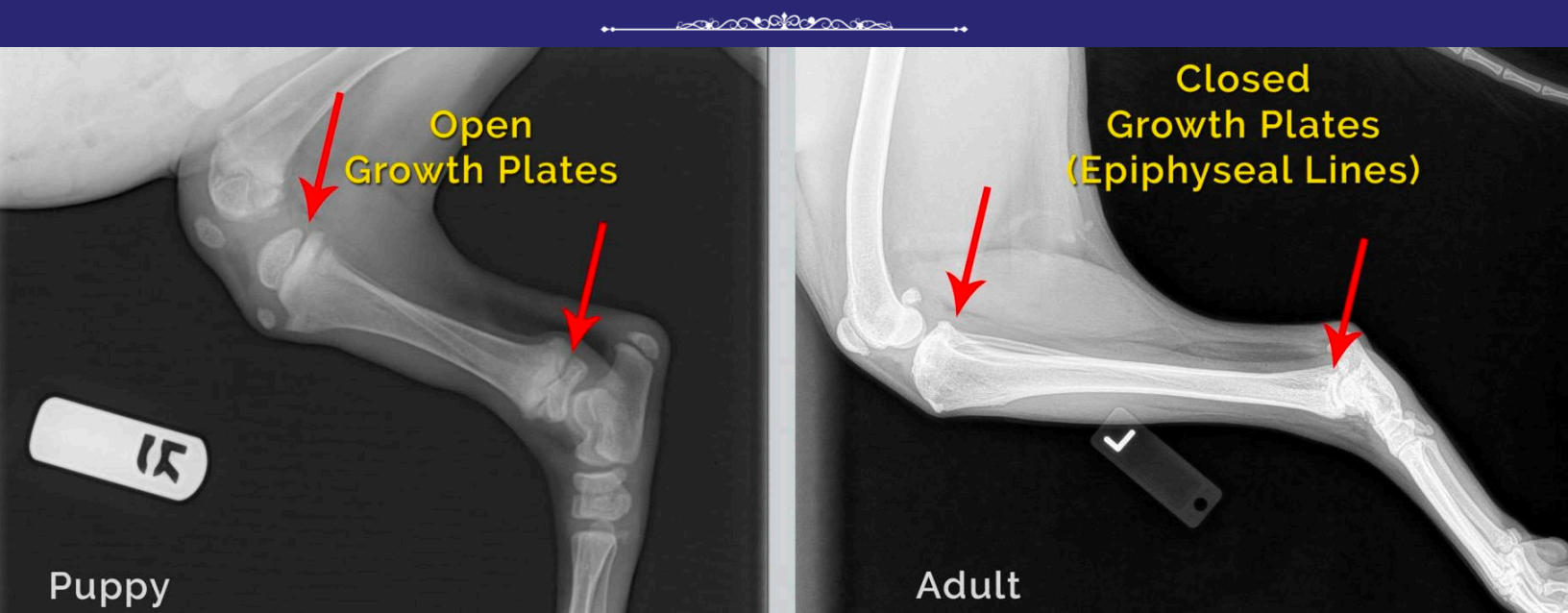
The number one most common reason for our puppies to have diarrhea within 3 days of coming home is simply due to stress. Canned plain pumpkin, powdered slippery elm sprinkled on, and colloidal silver sprayed on top - are my number one cure! It works GREAT! I offer this 3-5 times a day and let them have all they want. I still offer their regular food but not until after the pumpkin.

The number two biggest reason is too many treats! New owners use treats for everything, and this can overload a puppy's digestive tract. We use plain hard kibble for treats for many things or soaked kibble for training new things. We also use freeze-dried treats from PawTree. As your puppy ages, they become less sensitive and you can slowly introduce more treats.

Number three is overfeeding! PawTree and Life's Abundance are high-quality foods. You don't have to feed as much as with other brands! If you feel your puppy is eating too much, check the bag's recommended amount and see if that's true. Splitting meals into 3-4 smaller meals can help. Around 4 months of age, most Bordoodles stop eating as much. This is normal! Don't doctor up their food! Just be patient... They'll eat when they're hungry.

Number 4 reason is... a parasite. This is again why we recommend the fecal. So you know if that is the culprit and can treat fast!

Side note: Vets love to hand out "Metronidazole" for diarrhea. It works, yes. But not without horrible repercussions that can last months. We don't give that drug unless we've gone down every other road first. And if we have to, we work diligently to rebuild our dog's gut flora during and after. More on that can be found at [IVC Journal](#).



SPAYING & NEUTERING

We require that you spay or neuter your dog, but timing is very important! Early spaying and neutering have been proven to carry many negative risks. Hormones play a crucial role in your companion's physical and mental development. In fact, it's closely linked to causing hip dysplasia in dogs, to the extent that a portion of your health guarantee is contingent upon not undergoing the surgery too early.

MALE BORDOODLES:

For males weighing less than 30lb in adulthood, we recommend neutering at 12 months or later. For males weighing more than 30lb, we recommend 18 months or later. If you're not observing any issues such as dominant behavior around other male dogs, wait until 24 months if possible. Testosterone in your dog helps provide a more balanced structure and allows proper closing and fusion of growth plates. Remember that inappropriate marking or mounting can be easily trained and is rarely directly related to your dog being intact. Behaviors typically associated with being intact generally don't arise until 3 years of age or later (if at all). Neutered dogs can struggle with these behaviors and require training just as often as intact dogs. However, there are exceptions. If you ever feel your dog is struggling due to being intact and he is not yet old enough to be neutered, please reach out to us!

FEMALE BORDOODLES:

For females, we ask that they be spayed 3-4 months after their first or second heat cycle. This timeline can vary. Most of our girls have their first heat around 10 months of age, but it can occur as late as 2 years! When she enters heat, call your vet and schedule the procedure for around 90 days later. This allows her hormones to return to a neutral zone before the spaying. Spaying during a heat or within 70 days of a heat can have detrimental impacts, including weight gain, aggression, false pregnancy, and more.

♀ FEMALES & HEAT CYCLES

If you're choosing a female, she will need to go through at least one heat with you, so let's go ahead and talk about what that looks like!

PROESTRUS: On the first day of 'heat,' there will be blood dripping from her vulva. During the first 7-10 days, your girl is in what we call **proestrus**. During this time, her bleeding will increase each day. She may seem tired and be more sensitive to loud noises and correction. Most families purchase 2-3 washable dog diapers from Amazon (please do not use human diapers). You can put a panty liner inside or cut a 'light days' maxipad in half and put it inside the diaper over the part that goes against her vulva. This allows the same diaper to be used for a day or two before washing because you just change out the liner.

- No doggie daycare or dog parks or unattended time in the yard/outdoors/with intact males.
- Allow her a few hours each day or night to be without her diaper so she has good air ventilation and can clean herself.
- Do not allow swimming in pools, lakes, etc. Baths are okay, but no prolonged water submersion. (The cervix is open, and bacteria can easily enter the uterus.)
- Be understanding that she may not act entirely herself.

ESTRUS: From about days 10-18, she is in **estrus**. Her blood may change from bright red to straw-colored. She may be silly, flirty, and stand moving her tail to the side when you pet her. It's also normal for her to not do those things, so don't be concerned if she isn't showing those signs.

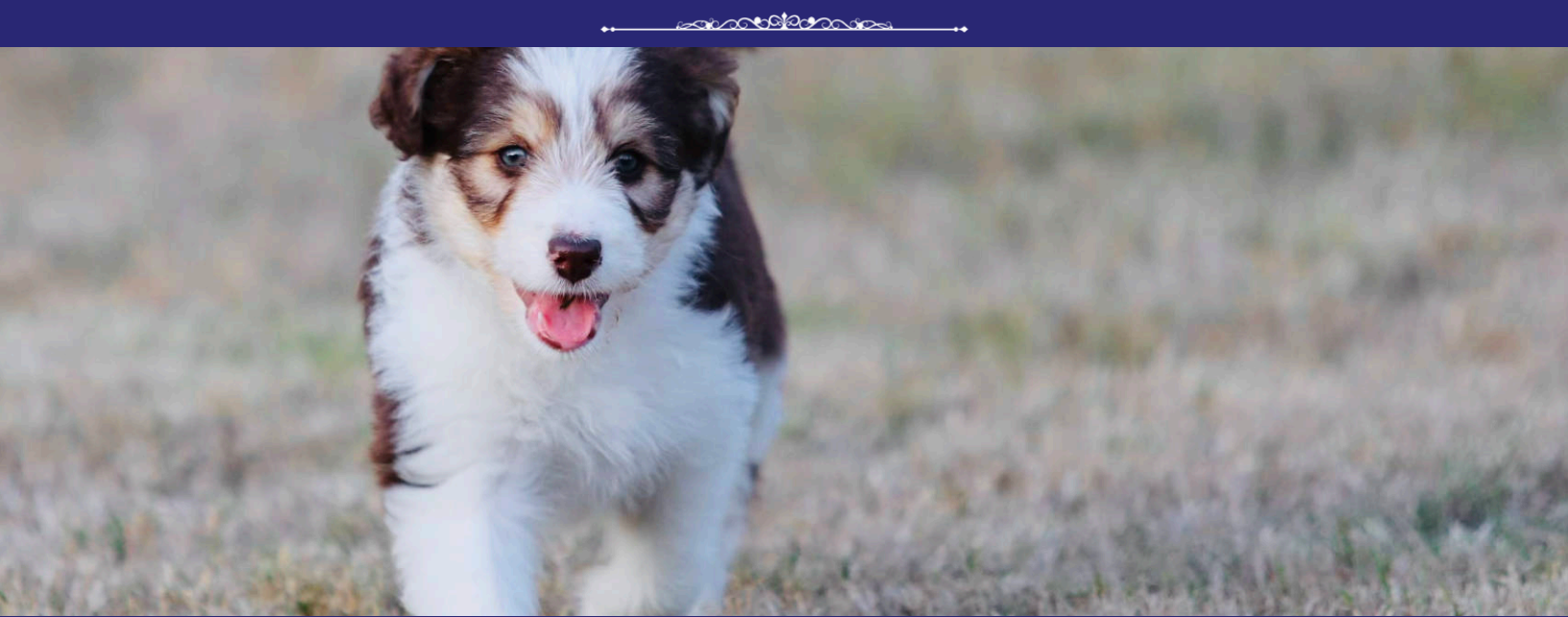
- Absolutely no time alone in the backyard, near intact males, etc.
- If she goes to the groomer, be sure they know she cannot be left unattended unless safely confined in a locked kennel.
- Breeding happens in just seconds sometimes, so do not allow her to visit any males on walks.
- She is likely to be cranky and moody with females and show less patience with children, so be cautious.

DIESTRUS: Starting about day 18, she enters **diestrus**. Her fertile period is over, and the bleeding will slowly disappear. Over the next 55 days, she will enter into a 'false pregnancy.' Her progesterone will continue to rise just as if she were pregnant. Her nipples will darken, and she may even 'nest' under the bed, in her crate, or a closet. By the end of the 55 days, she will return to normal.

- After her bleeding has completely stopped for a full 10 days AND it is further than 30 days past her first day of heat, she can return to doggie daycare, play groups, etc.



POTTY TRAINING



HOW TO POTTY TRAIN

For some families, the idea of potty training can be daunting. Perhaps you know someone who struggled with potty training, or maybe you're new to the whole thing and afraid you won't get the hang of it. Don't worry! I am here to help, and Bordoodles generally potty train very easily when proper steps are followed.

From the time your puppy was about three weeks old, we have set them up for success! We trained your puppy to eliminate in an area separate from where they play, eat, or sleep. This gives you a huge advantage as your puppy already has the idea that stopping and going potty in the whole place is not the right way to do things.

Most of our litters also had access to a dog door and grass starting around the age of 6 weeks.

SIMPLE STEPS TO HELP YOU POTTY TRAIN YOUR PUPPY:

- **Establish a routine:** Puppies need to eliminate frequently, so establishing a routine will help them learn when and where to go! Take your puppy outside at regular intervals, including after eating, waking, and every 15-20 minutes during active play.
- **Have an established potty area:** Select a spot outside that you prefer your puppy to go potty. Using the same spot repeatedly can help them understand why they are there. However, do not scold your puppy if she goes potty somewhere else outside. Elimination outside is always worth praising.
- **Positive reinforcement:** Praise your puppy when they go potty outside! You can do this verbally and also with a treat. Be sure not to begin praising until you are positive your puppy is just about done;

HOW TO POTTY TRAIN (cont.)

otherwise, they can actually stop going potty to come to you and receive their praise.

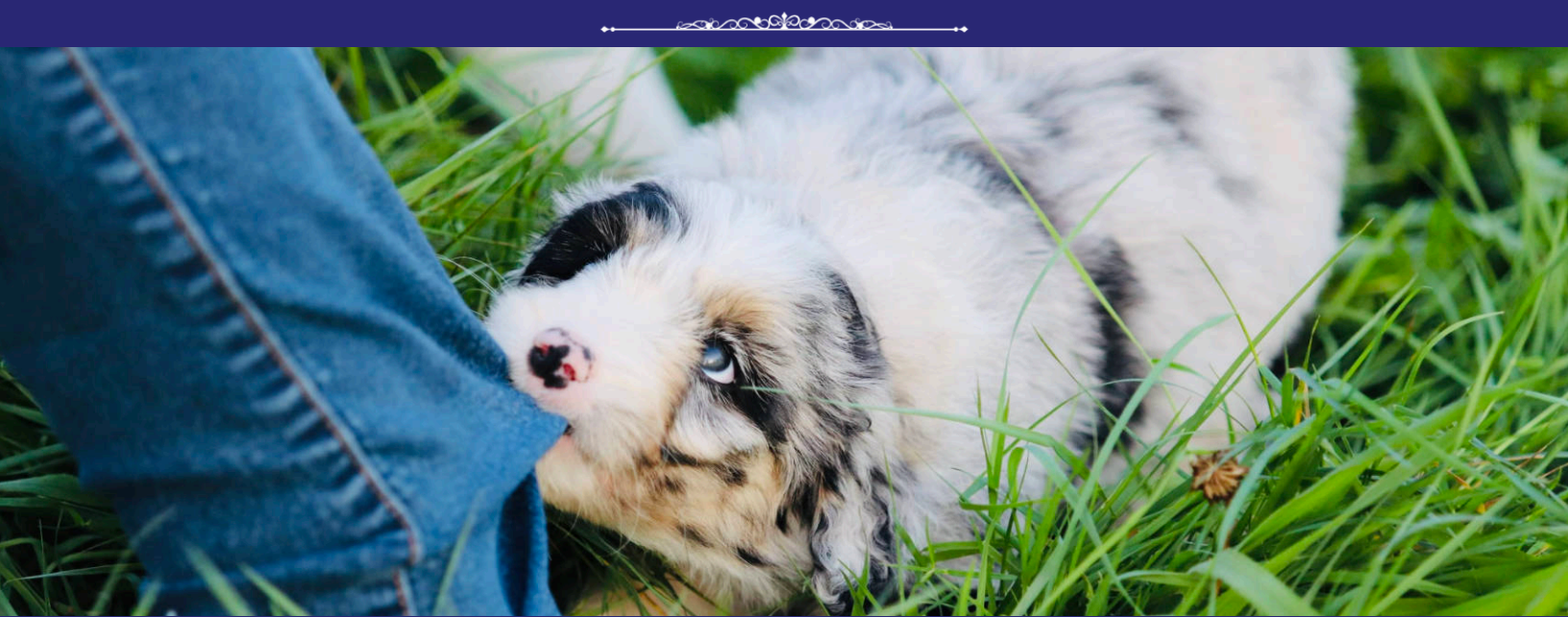
- **Supervision:** When your puppy is not in their designated area, you must keep an eye on them at all times! When you cannot supervise, you must confine your puppy. The number one reason for potty training difficulties is always that the puppy was given too much freedom and not enough supervision, so they develop a habit of going potty wherever they want.
- **Consistency:** Potty training can take several weeks, so be patient and consistent. Stick to your routine and don't let up on the positive reinforcement and praise!
- **Clean up accidents promptly:** If your puppy is having consistent accidents on a specific rug, remove the rug until your puppy is older. If your puppy does have an accident, be sure to clean it up properly with the right cleaner mentioned in this packet. Do NOT scold your puppy or "show them" their accident!

WHAT NOT TO DO DURING POTTY TRAINING:

- Rub your puppy's nose in their potty.
- Take them to their accident and show them.
- Hit them with your hand or with an object to scold them.



MOUTHING & NIPPING



CONTROLLING MOUTHING & NIPPING

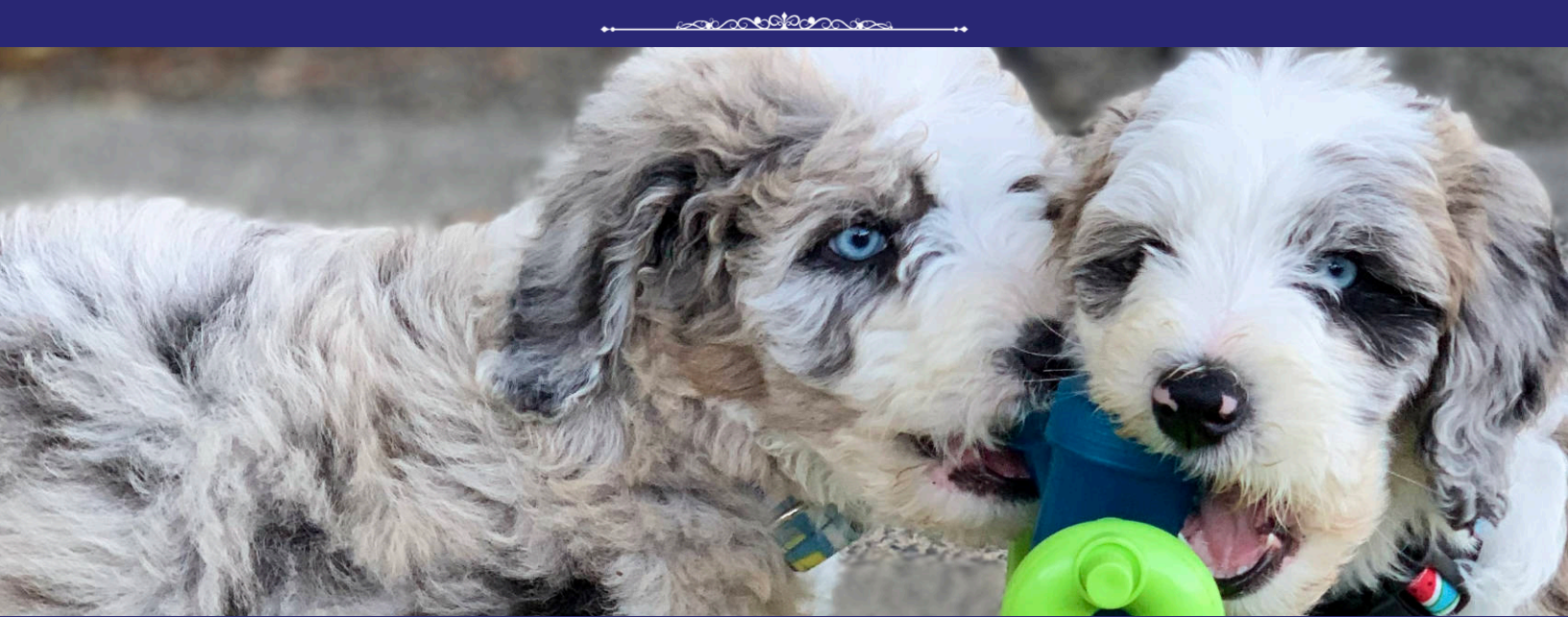
Your puppy will use their teeth on you and your clothing! This is a natural behavior but must be trained out through persistence and patience. Over the last eight weeks, your puppy has used its mouth to communicate, play, and grow alongside its siblings. Human babies often have runny noses, occasional fevers, and are very fussy while teething. Puppies don't show these outward signs, but they struggle just the same. Their mouths are in pain, and their instinct tells them to chew, nip, and bite to relieve the pressure. Teaching your puppy that this is not an acceptable way to communicate with humans takes time.

Here are some strategies:

- **Redirect:** Offer your puppy a toy or chewing item if it's chewing on you.
- **Confinement:** Sometimes puppies get so riled up that there's nothing you can do to stop the behavior except placing them in their safe confinement space with a frozen, raw marrow bone or chewy item for them to work out their frustration.
- **Avoid Rough Play:** It's easy to rile up your puppy by pushing its body and engaging in play growling. This signals to the puppy that you are fair game to bite and chew. If you choose to interact this way, don't be surprised if you get hurt. I don't recommend children playing with the puppy in this manner.
- **Exercise and Playtime:** A puppy not getting enough exercise is significantly more likely to be very mouthy. Ensure your puppy is getting adequate exercise and playtime!
- **Socialization:** Bite inhibition is learned as puppies interact with one another. This is where they learn how hard of a bite made their sibling yelp. We've done some of that work for you, but you can continue by exposing your puppy to safe dogs to play with!



TOYS, DISHES, & SUPPLIES



PUPPY SUPPLIES

TOYS: It's important that your puppy has a variety of toys. You want various textures so your puppy has something available that matches the teething need. However, you do not want to overload your puppy with tons and tons of toys! This can make it more confusing when you're teaching them what items are a "yes" to chew on and what items are a "no" to chew on. I generally keep 4 to 6 toys in the area we are in and rotate them out every couple of days. I use different toys in their X-pen to keep them from getting bored with the same toys. A few brands that are always a big hit are Tender-Tuffs & Outward Hound. Some other brands that are okay in moderation are Benebone, Nylabone, Frisco, and Kong. I also have a few recommendations on enrichment items that can help your puppy too!

- [\(BUY WOBBLE DISK\)](#) | [\(BUY OCEANBLUE PUPPY JINGLES\)](#) | [\(BUY ADJUSTABLE SNUFFLE FORAGING MAT\)](#) | [\(BUY PUZZLE SLOW FEEDER\)](#)

FOOD/WATER DISHES: If you are stumped on what food/water dishes to get for your puppy, I have a few recommendations. I also have a special water bowl recommendation for messy drinking puppies!

- [\(BUY CERAMIC DOG BOWLS\)](#) | [\(BUY HANGING BOWLS\)](#) | [\(BUY SLOPPER STOPPER WATER BOWL\)](#)

BEDS: I like beds that are easy to wash and dry in my home machines, are durable to even puppy teeth and comfortable for the dog. The Wash 'N Zip Pet Bed has been where I've landed for my own dogs and puppies and I think you'd like it too! We use them in crates, the car, camping and anywhere our dogs spend a lot of time. I use the Puppy Proofer cover for added protection and the guy who owns it has a

PUPPY SUPPLIES (cont.)

deep passion for excellent customer support! I reached out to him and he offered a discount code to my families! **Use code BORDOODLE for 15% off your Wash ‘N Zip bed!**

- ([WASH ‘N ZIP BED](#)) | ([ELEVATED BED](#)) | ([OPTIONAL PAD FOR ELEVATED BED](#))

ID TAG / ENGRAVED COLLAR: We will send your puppy with a custom collar that will fit for a little while, but you need some sort of ID tag on it. One brand I love is Red Dingo, size Small or Medium for your puppy. Or, the slip-over type like Dog iD. Once your puppy is done growing, I love an engraved collar! Many options are sold through Etsy.

- ([BUY RED DINGO](#)) | ([BUY DOG ID](#))

ENZYME CLEANER: Accidents are bound to happen! “Kids ‘N’ Pets” is a cleaner found in most stores, and I truly love it! Another great brand is Nature’s Miracle.

- ([BUY KIDS ‘N’ PETS](#)) | ([BUY NATURE’S MIRACLE](#))



THANK YOU

I care deeply about the success of both you and your puppy! When a puppy is born into my hands here at Oregon Bordoodles, I pray over each one. I want your updates. I want your questions! I don't mind being contacted if you need my advice about something your vet is recommending or any issues that may come up. I'm here for you and your puppy.



DANIELLE MANITZ

503-716-2612 | OregonBordoodles@yahoo.com



FAQs

HOW DO I INTRODUCE MY PUPPY TO MY OTHER PETS?

- **Dogs:** The most ideal way to introduce a puppy to an already established dog is to set up an X-pen outside in the yard. Have one person sit in the X-pen with the puppy while the other person lets the other dog outside. They will smell each other through the X-pen and offer various body language signals. When you see that their bodies are loose and comfortable and curiosity is there, you can let your puppy out of the X-pen. Sometimes it helps to have the already established dog on a leash if you're worried about the puppy getting too excited. Avoid overexciting the situation with lots of verbal cues. Let them meet each other naturally without intervening if possible.
- **Cats:** Your puppy has been exposed to our cats! He or she already has a very healthy respect for cats. I don't anticipate your puppy chasing your cat. Just let your cat be a cat - the sassy little creatures that they are, and I'm sure everything will work out. If your puppy begins to chase your cat when it is older, this is a training issue, and you can reach out to me for help if needed.
- **Rodents and birds:** Introducing them through a cage at first is important, followed by a leashed puppy later. Offer a reward for a calm interaction.
- **Large animals (horses, goats, cows, etc.):** Allow your puppy to explore as they feel comfortable. Start at a reasonable distance, and as your puppy shows curiosity, offer a reward! If your puppy wants to back up, allow them to do so. They will go at their own pace and slowly learn that this is safe and fun!

FAQs (cont.)

HOW DO I CORRECT LUNGING, BARKING OR SHYNESS?

Having a local trainer is absolutely imperative for the well-being of your puppy. These are generally not questions I can answer well because I am not present to take in all the potential stimuli causing your puppy to behave this way. Please work with a trainer over the next year or longer. Choose a balanced, positive reinforcement-based trainer. Avoid scams like "Bark Busters" or "Two weeks and your puppy is trained, guaranteed."

CAN MY PUPPY SLEEP WITH ME/MY KIDS AT NIGHT?

Before your puppy is fully potty trained and 100% reliable with teething, I would stick to the crate. Waking up to accidents and a chewed-up cell phone cord (or worse) doesn't benefit anyone.

SHOULD MY PUPPY RIDE IN A CRATE?

Beyond the initial ride home, we recommend that your puppy rides in a crate or a dog-designed seatbelt for safety.



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